



香港棍網球總會有限公司

HONG KONG LACROSSE ASSOCIATION LIMITED

Unit 2201, 22/F, 88 Hing Fat Street, Causeway Bay, Hong Kong

Tel: 852-2114 3405 Fax: 852-3747 8599 Email: info@hklax.org Website: www.hklax.org

Kid's Intermediate Course 2021-2022

Course Summary

One of the main goals of the Hong Kong Lacrosse Association (HKLA) is to improve the caliber of lacrosse and to enhance the popularity of the sport in Hong Kong. Participants in this program will receive sustainable and high-level coaching, in addition to regular competition opportunities. Participants are hoped to have a greater passion towards lacrosse and higher achievement in the lacrosse field in the future. Meanwhile, we also emphasize teaching the positive attitudes.

Rationale and Intent

This program welcomes the players who has basic lacrosse experience. Regular training and competition will be provided to help enhance players' skills, strength and conditioning. This program will help participants prepare for the Youth Athlete Training Scheme. Participants are hoped to become a member of the Hong Kong Youth Lacrosse Representative Team.

Target

- Children (Aged between 5-12 years old in the school year of 2021-22)
- Have 1-2 years of lacrosse experience

Program Term

- First Term - September to December 2021
- Second Term - January to March 2022
- Third Term – April to June 2022
- Summer Term – TBC

Every term will end with a tournament between different districts.



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Training Time and Locations:

Group Aged 5-8

Class 1 - Buddhist Chi King Primary School (12 Kai Lai Road, Kowloon Bay): Every Sunday 10-11AM

Group Aged 9-12

Class 1 - Buddhist Chi King Primary School (12 Kai Lai Road, Kowloon Bay): Every Sunday 11AM – 12:30PM

Class 2 - Wah Yan College (Kowloon) (56 Waterloo Road, Kowloon): Every Saturday 4 – 5L30PM

** Location and Time might change according to the actual situation

Number of Participant to be Accepted per class:

30

Application Date

- Application will begin 1 month before the start date of each term
- Any athletes who meet the above requirement could apply for the program anytime, however, no reduction of program fee will be granted

Program Fee

- A program fee of **600HKD per term** will be required to cover basic training costs
- Anyone youth or children who meets the requirement and attended not less than 80% of classes, could apply for a program fee reduction, the program fee would be 300HKD per term[^]
- Financial arrangements for tournaments will be communicated prior to the selection of the squad.

[^]Youth and children who are recipients of the Hong Kong Government's comprehensive Social Security Assistance (CSSA) Scheme recipient family; or recipients of the Hong Kong Government Primary and Secondary School Book Subsidy scheme; or recipients of the Hong Kong Government Working Family Allowance (WFA) Scheme. CSSA or WFA recipients are required to email the proof and member ID to info@hklax.org with subject of "application for Intermediate course program fee reduction" and mention which Division of Groups you belong to. After approval of the application, the link of application will be delivered.



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Athlete Requirement

- All athletes are expected to participate in all scheduled training, development and evaluation sessions.
- Athletes in the Development Academy will be continuously monitored, if a player is found to be deficient in the areas of character, commitment and attitude, this could lead to being removed from the program.

Equipment Support

- Each participant will receive a E-certificate if the attendance rate is over 70%.
- Pinnie (Jersey) for practice and competition (Provided by HKLA; or player can choose to buy at \$100)
- Stick (Provided by HKLA; or player can choose to buy at \$250)
- Participants can choose to buy a Blue Hong Kong Lacrosse T-Shirt at \$100.

Potential Tournament & Competition

- Biweekly Mini Lacrosse League
- Opportunity to participate at the Youth Festival tournament in Hong Kong Lacrosse Open 2021*, or
- The Greater China Cup, or
- Other competition

If you have any questions, please contact

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